

Eyelet ZigZag Toe Up Socks

By Wilma Becker, July, 2009



(This pattern assumes that you have some working knowledge in sock knitting, and is not for beginner sock knitters.)

You will need **US size 2 needles**. (I use one 32" or 40" long circular needle, and use the magic loop method, knitting 2 socks at once.) You could use five size 2 double point needles in the traditional way of knitting socks. Here is a link showing how to do magic loop. (<http://www.wonderhowto.com/how-to/video/how-todomagicloop-knitting-4601/view/>) You can also google 'knitting magic loop' for more information.

You will need approx. **100 grams of sock yarn**. I used two 50 gram skeins of Deborah Norville Serenity Sock yarn in the color Sapphire. (I never use the full amount of yarn, but some people need to.)

You will also need:

1 Crochet hook.

1 Tapestry needle, OR a size 5 dbl point needle

The pattern is pretty simple, and I have charted it for you.

	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1		
																													12	
																														11
																														10
																														9
																														8
																														7
																														6
																														5
																														4
																														3
																														2
																														1

Legend:

- knit**
knit stitch

- k2tog**
knit two stitches together as one stitch

- yo**
Yarn Over

- sl1 k pssso**
slip 1, knit 1, pass slipped stitch over knit 1

Created in Knit Visualizer (www.knitfoundry.com)

Notes:

<p>Pattern: R1 (RS): k2, k2tog, yo, k5, k2tog, yo, k5, k2tog, yo, k5, k2tog, yo, k3 R2: k28 R3: k, k2tog, yo, k5, k2tog, yo, k5, k2tog, yo, k5, k2tog, yo, k4 R4: k28 R5: k28 R6: k28 R7: k3, yo, sl1 k pssso, k5, yo, sl1 k pssso, k5, yo, sl1 k pssso, k5, yo, sl1 k pssso, k2 R8: k28 R9: k4, yo, sl1 k pssso, k5, yo, sl1 k pssso, k5, yo, sl1 k pssso, k5, yo, sl1 k pssso, k R10: k28 R11: k28 R12: k28</p>
--

* * * * *

Begin by casting on 28 stitches, using your favorite cast on for toe up socks. I use the Judy Becker Magic Cast-on for all of my toe up socks. Cat Bordhi has an EXCELLENT tutorial at YouTube. She is 'silly' in the way she teaches, but she gets the idea across and it's so easy to follow her. She uses 2 circulars in her tutorial instead of magic loop, but it's the same concept as using one long circular. The link is: <http://www.youtube.com/watch?v=IhBIS0AhhQY> or you can google Cat Bordhi if this link doesn't work for some reason. You can use either 1 long circ. needle, or 4 dbl point needles depending on your

preference for sock knitting. (I use one long circ. needle, aka magic loop so if you cast on 28 stitches, you would have 14 stitches on each needle, per sock. Once you have completed the Judy Becker Magic Cast on, you are all set to begin knitting in the round.

Toe shaping: (you will be knitting in the round)

Round 1: knit all stitches around

Round 2: knit in the front and back of the *first and last stitches* (per needle) to increase the toe if using Magic loop method

(If using 4 dbl point needles, k in the front and back of the first stitch on needle 1, the last stitch of needle 2, the first stitch of needle 3, and the last stitch of needle 4) I have found that by doing the first round of increase stitches this way the 'rabbit ears' that you get if you do a k2, m1 increase on the first increase round are eliminated.

Round 3: Knit all stitches around

Round 4: If using 1 long circ. needle k2, m1R, k across needle, until 2 stitches remain, m1L, k2. Repeat on second needle.

(If using 4 dbl point needles, on needle 1- knit 2 m1R, knit across: needle 2- knit to last 2 stitches and m1L, k2. Needle 3 - same as needle 1, needle 4- same as needle 2)

Repeat rounds 3 and 4 until the desired number of stitches are on the needles.

For this pair of socks, I increased until I had a total of 56 stitches for each sock.

Some people prefer to use 60 stitches, and others 64 stitches depending on the size of their feet.

Work foot: Continue to work in the round until you achieve the total foot length you want *BEFORE* the gusset increases. (Work the above pattern on *ONLY* the instep part of the foot. The gusset will begin when the measurement from the toe is 3" less than what you want the total length of your sock to be.

Begin gusset by knitting across instep stitches, and then increase one stitch on each side on the sole stitches. Increase as for toe increases every other row until you have increased 10 stitches on each side of the sole. You will still be working in the round, but only increasing the sole stitches, NOT the instep stitches.

Repeat until you have 48 stitches total sole stitches (14 + 20 + 48) per sock.

On the last round, increase 1 stitch in the center of the sole for a total of 49 stitches Work across the instep stitches in the pattern.

Work **heel** as follows: (Heel is based on the heel of the free pattern "Waterfall Socks, by Wendy Johnson".)

Now that you have completed the gusset stitches, you are now ready to turn the heel.

You will work back and forth on the sole stitches (now referred to as the heel stitches) and will not knit the instep stitches while turning the heel. Turn heel as follows:

Row 1: (Right Side) K33, KFB, K1, W&T

Row 2: P 20, PFB, P1, W&T

Row 3: K 18, KFB, K1, W&T

Row 4: P 16, PFB, P1, W&T

Row 5: K 14, KFB, K1, W&T

Row 6: P 12, PFB, P1, W&T

Row 7: K 10, KFB, K1, W&T

Row 8: P 8, PFB, P1, W&T

You should now have 57 heel stitches, having just completed a wrong-side row. On the right side, knit to the end of the heel stitches, knitting each wrap together with the stitch it wraps.

Now, work your second heel the same way. (if you are working magic loop)
When both heels have been worked, work one row across instep stitches in the chart pattern. Now we will complete our heel, and will be only working on the heel stitches again.

Heel flap: Work back and forth on the heel stitches:

Row 1 (Right Side):

K 42 (knitting each wrap together with the stitch it wraps), SSK, turn

Row 2: SL 1, P 27, P2TOG, turn

Row 3: [SL 1, K 1] 14 times, SSK, turn

Repeat Rows 2-3 until all side stitches have been worked, and end with having worked Row 2. Turn your work and knit across, decreasing 1 stitch in the center of the round so that you once again have 28 stitches for each heel.

Leg: When you are done working your heels begin working in the round again, working the above pattern on the instep stitches **and** on the heel (which will now be referred to as the leg back).

Continue to knit the leg until it's about an inch or so shorter than the total desired length and then knit about 2 inches of k2, p2 ribbing.

Bind off loosely, using the Elizabeth Zimmerman sewn bind off. There is a tutorial here: (the EZ instructions are toward the bottom of the page)

<http://knitty.com/ISSUEsummer06/FEATsum06TT.html>

OR: I have discovered that I get a nice bind off if I get a size 5 dbl point needle and bind off with that.

With a crochet hook, weave in the ends, and then block the socks as normal.

For questions, email me at wilmab4397@gmail.com

Put 'toe up sock question' in the subject line so I don't think it's spam.