

## BASIC Toe-Up Socks

by Wilma Becker, 2009

(This 'pattern' assumes that you have some experience in sock knitting, and is probably not a good choice for the beginning sock knitter.)

You will need approx.

**100 grams of sock yarn.**

**Size 2 Needles**

**1 size 5 double point needle**

**1 Crochet hook.**

**Pattern** Use pattern chart of choice, based on a 28 stitch repeat.

You can do a plain stockinette stitch, a k2, p2 ribbing, or use a desired chart pattern.

**Begin by Casting on** 12 stitches, using your favorite cast on for toe up socks.

**Toe shaping:** (you will be knitting in the round)

Round 1: knit all stitches around

Round 2: knit in the front and back of the *first and last stitches* of the instep, and again on the sole, for a total of 4 increases.

Round 3: Knit all stitches around

Round 4: k1, m1R, k across top of sock, until 1 stitch remains m1L, k1. Repeat on sock bottom for a total of 4 increases.

Repeat rounds 3 and 4 until there are 56 total stitches are on the needles, 28 on the instep and 28 on the sole.

**Work foot:** Continue to work in the round, working the **chosen pattern** on ONLY the instep part of the foot, until you achieve the total foot length you want *BEFORE* the gusset increases. The gusset will begin when the measurement from the toe is 2 ½" less than what you want the total length of your sock to be.

**Begin gusset** by knitting across instep stitches, and then increase one stitch on each side on the *sole stitches*. Increase as for toe increases every other row until you have increased 12 stitches on each side of the sole. You will still be working in the round, but only increasing the sole stitches, NOT the instep stitches.

Work **heel** as follows:

Place a marker in the *exact center* of the heel stitches to mark the center. You will now work only on the sole part of the sock, and let the instep stitches rest. Begin on the knit side of the sole.

Row 1: Slip the first stitch, k to 3 stitches past the center marker. SSK, k1, turn.

Row 2: Slip the first stitch, p7, p2tog, p1, turn.

Row 3: Slip 1, k8, SSK, k1, turn.

Row 4: Slip 1, p9, p2tog, p1, turn.

Row 5: Slip 1, k10, SSK, k1, turn.

Row 6: Slip 1, p11, p2tog, p1, turn

Continue in this manner, working back and forth until all of the extra stitches from the gusset increases are worked and you again have 28 stitches on your needle. Repeat with other sock (if you are knitting magic loop) and then work in the round again for 2 inches, working the chosen pattern on the instep stitches and stockinette stitch on the heel stitches. (If you find that you have a hole where your heel joins, just pull up a stitch from the row below, twist it on your needle, and knit together with the next stitch on the round where you are working. This will close the hole).

After you have worked **2 inches** above the heel turning, begin working your charted pattern on the back of the leg *and* the front of the leg. Continue in the round until you are a couple inches shorter than the total desired length of your sock. Knit 2 inches of k2, p2 ribbing.

Bind off loosely, using a size 5 double point needle to bind off with. (I find that this method gives me a nice loose, yet even bind off for my toe up socks). With a crochet hook, weave in the ends, and then block the socks as you would normally do.

For questions, email me at [wilmab4397@gmail.com](mailto:wilmab4397@gmail.com) Put 'toe up sock question' in the subject line